

## ***The Tea Experience***

Whole leaf blends prepared in our handcrafted, hand stitched,  
Silken and translucent tea pouches

### ***Breakfast Americana***

A robust wide-awake blend of premium black tea leaves. Our take on the classic English Breakfast is serene contemplation from dawn to dusk.

### ***Organic Earl Grey (Decaf available)***

Perfection of a classic. Gold tipped buds of rich organic black tea leaves with a twist of citrus notes of organic bergamot.

### ***Orange Dulce***

A lusciously rich dark brew teeming with notes of orange, vanilla and jasmine blossoms.

### ***Bombay Chai***

Black tea leaves with subtle hints of orange, cinnamon, cardamom pepper and clove.

### ***Mountain Spring Jasmine***

Take in the aroma of intoxicating Arabian jasmine blossoms that scent these smooth China green tea leaves.

### ***Green Tea Tropical***

Smooth green tea leaves harmoniously blend with sweet tropical fruits to create a sensation as uplifting as a breeze off the Isle of Papenoo.

### ***Chamomile Citrus***

Soothing Egyptian chamomile flowers with subtle slices of fruit.

### ***Organic Mint Mélange***

Renew and refresh with the finest mint leaves from the Middle Atlas mountain range in Morocco. A well-rounded infusion with sweet, lingering notes.

### ***Decaf African Nectar***

Sojourn to the fertile tropics and savor the fruits of the “alluring continent”. African Rooibos leaves teeming with tropical fruit and blossoms.

### ***Decaf Ginger Twist***

Ginger Twist is a harmonious mix of lemon grass, tropical fruits, and mint fueled with a touch of ginger and ginseng. A lush and magical infusion, Ginger Twist helps promote calm, focus and good health.

***\$3.50 per person***

**Breakfast**  
**Serving Recipes of Fulfillment**  
**all day every day**

**\*The "Optimist" Breakfast** **\$5.99**  
 Take your first creative step of the day! 2 eggs any style with our mist potatoes and toast.  
 Optimize it! With grilled tomatoes or mushrooms or baked beans **\$1.50**  
 Add bacon or ham or sausage **\$1.99**

**The Joy** **\$9.99**  
**(Traditional English Breakfast)**  
 2 eggs, sausage, bacon, grilled tomato, mushrooms, mist potatoes with toast.

**\*The "Best Breakfast Sandwich"**

**On your choice of toast, English Muffin or a bagel. 2 eggs with cheese. Served with mist potatoes** **\$5.49**  
 With bacon or sausage or ham (add) **\$1.99**

**The Delight** **\$9.75**  
 A flaky croissant topped with scrambled eggs, loaded with spinach, ham and melted cheese, topped with hollandaise sauce and served with mist potatoes.

**The Friendships**

**Eggs Benedict** **\$9.99**  
 Grilled Canadian bacon, two poached eggs on toasted English muffin with hollandaise sauce.  
**Small order** **\$6.99**

**Eggs Florentine** **\$10.50**  
 Grilled Canadian bacon, spinach, two poached eggs on toasted English muffin with hollandaise sauce.  
**Small order** **\$7.50**

**\*Veggie Eggs Benedict** **\$7.99**  
 Grilled tomato slices, spinach, two poached eggs, on toasted english muffin with hollandaise sauce.  
**\*Small order** **\$5.99**

**Eggs Fishermen** **\$10.50**  
 Smoked salmon with two poached eggs on toasted english muffin with hollandaise sauce.  
**Small order** **\$7.50**

## Omelets

\*substitute egg whites for \$1.00\*

**\*The "Optimal" Omelet** **\$6.99**

3 egg American cheese omelet with mist potatoes and toast.

**Choose your own filling: \$.99 cents each**

bacon, ham, sausage, tomato, onion, peppers, broccoli, spinach, mushrooms or cheese

( American, cheddar, Swiss, or feta)

**Chef's Special Omelets** with mist potatoes and toast. **\$7.99**

**A.** Bacon, tomato, American cheese omelet

**B.** Sausage, pepper, onion omelet

**\*C.** Veggie omelet– tomato, pepper, onion, cheddar cheese

**D.** Western omelet– ham, pepper, onion

<b>The Hope (Omelet)</b>	<b>\$10.50</b>
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3 egg omelet with smoked salmon, cream cheese and scallions, served with mist potatoes and toast.
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### The Sunrise \* (Pancakes)

### The Goodwill \* (French toast)

	<b>Full Stack (3)</b>	<b>Short Stack (2)</b>			
<b>Buttermilk</b>	<b>\$6.50</b>	<b>\$4.99</b>	<b>Thick cut cinnamon swirl</b>		<b>\$6.99</b>
<b>With blueberries</b>	<b>\$7.50</b>	<b>\$5.99</b>	<b>Monte Cristo</b>		<b>\$8.99</b>
<b>With cranberries</b>	<b>\$7.50</b>	<b>\$5.99</b>	Whole Wheat bread dipped in our own French Toast batter, then grilled with ham and swiss.		

**\*The Love Waffle** **\$8.50**

2 heart shaped waffles served with raspberry cream, and fresh seasonal berries.

**\*Belgian Waffle** **\$4.99**

**Belgian Waffle Special** **\$7.99**

Belgian waffle with 2 eggs any style and bacon, sausage or ham.

Add seasonal berries, bacon, sausage or ham to any of the above **\$1.99**

Above served with real maple syrup and butter

Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of food borne illness

## *On The Bright Side*

<i>*Half Grapefruit</i>	<i>\$2.99</i>
<i>*Fresh melon (in season)</i>	<i>\$3.99</i>
<i>*Fresh Fruit Cup</i>	<i>\$4.95</i>
<i>*Fresh Fruit Plate</i>	<i>\$7.50</i>
<i>*Cold Cereal</i>	<i>\$2.99</i>
<i>* with Fresh Fruit</i>	<i>\$4.00</i>
<i>*Yogurt and Fresh Fruit Cup</i>	<i>\$5.50</i>
<i>*Yogurt Fruit and Granola</i>	<i>\$5.99</i>
<i>*Hot Irish Oatmeal</i>	<i>\$4.50</i>
<i>with Raisins and Brown Sugar</i>	
<i>*Mist Potatoes</i>	<i>\$2.00</i>
<i>Side of (bacon, ham, or sausage)</i>	<i>\$3.50</i>
<i>*Side of baked beans</i>	<i>\$1.99</i>

### *\*\*Breads*

<i>Side of Toast</i>	<i>\$1.99</i>
<i>Bagel</i>	<i>\$2.00</i>
<i>with Cream Cheese</i>	<i>\$2.50</i>
<i>English Muffin</i>	<i>\$2.50</i>
<i>Breakfast Muffin</i>	<i>\$2.75</i>
<i>Scones</i>	<i>\$3.15</i>

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### *Beverages*

			<i>Small</i>	<i>Large</i>
<i>Douwe Egberts Coffee</i>	<i>\$2.25</i>	<i>Glass of Milk</i>	<i>\$1.79</i>	<i>\$2.79</i>
<i>(decaf is also available)</i>		<i>Fresh Juice</i>	<i>\$1.89</i>	<i>\$2.89</i>
<i>Espresso</i>	<i>\$2.60</i>	<i>(Choose from a daily selection, Orange,</i>		
<i>Latte</i>	<i>\$3.50</i>	<i>Apple, Grapefruit, Tomato, V8.)</i>		
<i>Cappuccino</i>	<i>\$3.50</i>	<i>Sodas</i>		<i>\$1.89</i>
<i>Pot of breakfast Tea</i>	<i>\$3.00</i>	<i>Iced Tea</i>		<i>\$2.20</i>
<i>Specialty Teas</i>	<i>\$3.50</i>	<i>(whole leaf blends not included)</i>		
		<i>Saratoga Spring Water \$3.59 (12 oz)</i>		

***Optimist Land  
Children's Menu - Breakfast  
(Under 12)***

<b><i>*One egg, mist potatoes, toast</i></b>	<b><i>\$3.99</i></b>
<b><i>with bacon or sausage or baked beans</i></b>	<b><i>\$4.99</i></b>
<b><i>Two eggs scrambled on toast</i></b>	<b><i>\$3.99</i></b>
<b><i>with bacon or sausage or baked beans</i></b>	<b><i>\$4.99</i></b>
<b><i>*The O.C. Pancake</i></b>	<b><i>\$3.99</i></b>
<b><i>Banana, blueberry or chocolate chip</i></b>	
<b><i>The O.C. Pancake with bacon or sausage</i></b>	<b><i>\$4.99</i></b>
<b><i>*Cereal Box</i></b>	<b><i>\$2.99</i></b>
<b><i>*Fresh Fruit Cup</i></b>	<b><i>\$3.99</i></b>

***Children's lunch menu***

<b><i>*Tomato Soup</i></b>	<b><i>\$2.99</i></b>
<b><i>Chicken Noodle Soup</i></b>	<b><i>\$2.99</i></b>
<b><i>*Peanut Butter &amp; Jelly</i></b>	<b><i>\$2.99</i></b>
<b><i>Hot Dog (served with chips &amp; pickle)</i></b>	<b><i>\$3.99</i></b>
<b><i>Kids Burger (served with chips &amp; pickle)</i></b>	<b><i>\$4.99</i></b>
<b><i>*Grilled Cheese Sandwich (served with chips &amp; pickle)</i></b>	<b><i>\$4.50</i></b>
<b><u>The Optimist Land Children's Tea</u></b>	<b><i>\$ 6.99</i></b>
<b><i>Peanut butter and Jelly</i></b>	
<b><i>Ham Sandwich</i></b>	<b><i>Assorted desserts</i></b>
<b><i>Tea or cold beverage</i></b>	

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## Sandwiches

***The Ultimate Triple Decker Club Sandwich*** **\$8.75**

Your choice of sliced chicken, turkey, ham or roast beef with bacon, lettuce, tomato and mayonnaise. Served on our thick toasted whole wheat bread.

***The Ultimate Triple Decker Cheeseburger Club Sandwich*** **\$9.75**

8 oz. Certified Angus Beef patty with American cheese, lettuce, tomato, bacon and mayonnaise on toasted whole wheat bread.

***The Best Reuben in Town*** **\$8.75**

Certified Angus Corned Beef with sauerkraut, Swiss cheese, and Russian dressing. Grilled on marble rye bread.

***The Offering*** **\$8.50**

Choose from freshly made chicken salad, \*egg salad, curried chicken salad or \*tuna salad or enjoy a half of sandwich with a cup of soup for a lighter lunch. Served on our thick toasted whole wheat bread.

***\*Over Stuffed Tuna Melt*** **\$8.75**

Tuna salad (Solid White Tuna) with Swiss cheese grilled on marble rye.

***Turkey Melt*** **\$8.75**

Turkey, Swiss cheese and tomato grilled on marble rye.

***Grilled pastrami and Swiss on marble rye*** **\$8.75**

*Please note: our homemade chicken salad is blended with nuts and cranberries!*

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## Wraps

<b><i>Roast Beef Wrap</i></b>	<b>\$8.50</b>
Lean roast beef with lettuce, tomato, sautéed onion and horseradish mustard aioli.	
<b><i>*Veggie Wrap.</i></b>	<b>\$7.99</b>
<b><i>Bounty of fresh vegetables sautéed! On crisp lettuce, mayonnaise with your choice of Cheese</i></b>	
<b><i>*Mystic Wrap</i></b>	<b>\$8.00</b>
Mixed baby greens, gorgonzola, sautéed red onion, dried cranberries and pecans With port vinaigrette.	
<b><i>Turkey Wrap</i></b>	<b>\$8.50</b>
Turkey, Lettuce, tomato and cranberry walnut mayo.	
<b><i>*Egg Salad Wrap</i></b> with lettuce	
<b>\$7.50</b>	
<b><i>*Tuna Wrap</i></b> with lettuce and onion	<b>\$8.50</b>
<b><i>Cheeseburger Wrap</i></b> with lettuce, tomato and onion	<b>\$8.50</b>

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## **\*\*Salads**

**\*The Rainbow** **\$8.50**  
Mixed greens with a colorful array of fresh vegetables.

**\*The Enlightenment** **\$8.50**  
Crisp greens with cucumber, grape tomatoes, walnuts & sliced apple.

**\*The Mystic** **\$9.25**  
Gorgonzola, roasted red onions, cranberries, toasted pecans with mesclun greens and port vinaigrette.

**\*Nuts and Berry Salad** **\$9.75**  
Lettuce and seasonal berries adorned with gorgonzola cheese, Walnuts and pecans.

<b>Spinach Salad</b> <span style="float: right;"><b>\$8.50</b></span> <b>Baby Spinach, hard boiled egg slices, crisp bacon and red onions</b>
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**\*Tossed Salad** **\$4.50**  
Spring mix, cucumber, tomato and red onion.

### ***The Positive***

Customize your salads:

Chicken or Curried Chicken Salad **\$3.50**

All White Tuna Salad **\$3.50**

Side of Ham **\$3.50**

Grilled Chicken **\$3.99**

*Please note: our homemade chicken salad is blended with nuts and cranberries !*

### **Choice of Salad Dressings:**

“The Citrus” Orange & lemon juice fused with grape seed oil.

“The Samra” Balsamic & Raspberry drizzle.

“The Haven” Port Vinaigrette.

“The Power” Horseradish & mustard aioli.

*We have Gift Cards available - ask your Server today.*

Menu and hours are subject to change.

## Curry

### ***The Major - Chicken Curry***

**\$10.75**

Presented in a medium hot curry sauce or a mild Thai Coconut milk curry with golden raisins and jasmine rice, accompanied with fresh pineapple and Major Grey chutney.

### ***The Essence - Shrimp Curry***

**\$10.75**

An onion and Shrimp curry on Jasmine rice with cucumber and yogurt.

### ***\*Vegetarian Curry***

Onion, broccoli, peppers, tomatoes and mushrooms in a mild curry sauce.

**\$10.50**

## ***Build your dream Burger***

A half pound "Certified Black Angus" sirloin burger served on a roll with lettuce, tomato and sliced red onion. Accompanied by chips and a pickle.

**\$8.25**

Add an extra Angus Beef patty for only \$3.50

### ***Add \$1.00***

Bacon  
Gorgonzola  
Brie  
Feta  
Canadian Bacon

### ***Add \$.99***

Sautéed onion  
Sautéed mushrooms  
Sautéed peppers  
Cheddar  
Swiss  
American cheese

### ***Hot Dogs***

Two all beef hot dogs on rolls with chips and a pickle

**\$6.99**

Add Baked beans \$1.99

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**Lunch**  
***Serving Recipes of Fulfillment***

***\*The Devon Heaven*** \$5.75  
Four freshly baked scones with strawberry jam and Devon cream.

***The Trusty Crusty*** Cup \$4.50  
Homemade soups and Chowders of seasonal flavors  
served with warm crusty bread Bowl \$5.50

**“Ploughman’s Lunch”**

“The Ploughman’s lunch is a Traditional British cold platter

***\*The Merry***  
Served with salad, warm crusty bread & butter. Choose your favorite cheese.

Cheddar	\$8.25
Ripened Brie	\$9.75
English Stilton	\$9.99

***The Welcome*** \$9.75  
Crusty warm bread, honey cured ham, grilled pineapple, salad & English mustard.

***The Enjoyment*** \$9.75  
Crusty warm bread, roast beef, salad garnish, horseradish & mustard aioli.

***The Perfection*** \$10.75  
Scottish smoked salmon, cream cheese wheels on fresh greens, red onions, capers with toasted baguettes.

18% gratuity added to parties of 6 or more.  
Menu subject to change.

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## *Afternoon High Tea*

***The White Hall*      \$16.99**

Scone with Hand whipped cream  
& English preserves  
Assorted tea sandwiches  
Assortment of specialty cakes  
A pot of tea or  
One of our flavored Teatinis

***The Balmoral*      \$16.99**

Tea bread with honey and butter  
Assorted tea sandwiches  
Shortbread and cakes  
A pot of tea or  
One of our flavored Teatinis.

***The Majesty*      \$22.99**

Scones with hand whipped cream & preserves  
Selection of finger sandwiches  
And desserts  
Pot of Tea and flute of Champagne

**The Optimist Café's**  
**Dessert Offerings**

*We serve the finest most sinfully delicious cakes here at the café.*

*Slice of Cake \$5.95*

*Choose from:*

*Gourmet Carrot Cake*

*Key Lime Island Pie*

*Gourmet Chocolate Cake*

*Italian Lemon Cream Cake*

*Boston Cream Cake*

*Chef's choice Cheesecake*

*Plate of Four Elegant Tea Desserts \$5.95*

*Homemade Blueberry or Apple pie \$4.95*

*Fresh Fruit Cup \$4.95*