



## The Tea Experience

Whole leaf blends prepared in our handcrafted, hand stitched,  
Silken and translucent tea pouches \$3.50 per person

### Breakfast Americana

A robust wide-awake blend of premium black tea leaves. Our take on the classic English Breakfast is serene contemplation from dawn to dusk.

### Organic Earl Grey (Decaf available)

Perfection of a classic. Gold tipped buds of rich organic black tea leaves with a twist of citrus notes of organic bergamot.

### Orange Dulce

A lusciously rich dark brew teeming with notes of orange, vanilla and jasmine blossoms.

### Bombay Chai

Black tea leaves with subtle hints of orange, cinnamon, cardamom pepper and clove.

### Mountain Spring Jasmine

Take in the aroma of intoxicating Arabian jasmine blossoms that scent these smooth China green tea leaves.

### Green Tea Tropical

Smooth green tea leaves harmoniously blend with sweet tropical fruits to create a sensation as uplifting as a breeze off the Isle of Papenoo.

### Chamomile Citrus

Soothing Egyptian chamomile flowers with subtle slices of fruit.

### Organic Mint Mélange

Renew and refresh with the finest mint leaves from the Middle Atlas mountain range in Morocco. A well-rounded infusion with sweet, lingering notes.

### Decaf African Nectar

Sojourn to the fertile tropics and savor the fruits of the “alluring continent”. African Rooibos leaves teeming with tropical fruit and blossoms.

### Decaf Ginger Twist

Ginger Twist is a harmonious mix of lemon grass, tropical fruits, and mint fueled with a touch of ginger and ginseng. A lush and magical infusion, Ginger Twist helps promote calm, focus and good health.

# **Breakfast**

## Serving Recipes of Fulfillment

all day every day

Take your first creative step of the day! 2 eggs any style with our mist potatoes, toast, multi grain, wheat, white, and marble rye. Optimize it! **\$5.99**

With grilled tomatoes or mushrooms or baked beans \$1.50

**Add bacon or ham or sausage \$1.99**

TheJoy \$9.99 (Traditional English Breakfast)

2 eggs, sausage, bacon, grilled tomato, mushrooms, mist potatoes with choice of toast or English muffin.

The Love Waffle \$8.50

2 heart shaped waffles served with raspberry cream, and fresh seasonal berries.

### ***The “Best Breakfast Sandwich”***

***On your choice of toast, English Muffin or a bagel. 2 eggs with cheese. \$4.99***

With mist potatoes \$5.99

With bacon or sausage or ham (add) \$1.99

Eggs Fisherman \$10.50

Smoked salmon with two poached eggs on an English muffin covered with a delightful Hollandaise sauce.

Mist potatoes are baked potatoes cut to size, covered with canola oil mist & sautéed with “Opti” spices.

Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of food borne illness.

The “Optimal” Omelet \$7.50

3 egg omelet with mist potatoes, toast or English muffin.

Choose your own filling: \$ .79 cents each

bacon, ham, sausage, tomato, onion, peppers, broccoli, spinach, mushrooms or cheese ( American, cheddar, Swiss, or feta)

The Hope (Omelet) \$10.50

3 egg omelet with smoked salmon, cream cheese and scallions, served with mist potatoes, toast or English muffin.

\*substitute egg whites for \$1.00\*

### The Delight \$9.50

A flaky croissant topped with scrambled eggs, loaded with spinach, ham and melted cheese, topped with hollandaise sauce and served with mist potatoes.

### The Friendships

Eggs Benedict \$9.99

Grilled Canadian bacon, two poached eggs on toasted English muffin with hollandaise sauce. Small order \$6.99

Eggs Florentine \$10.50

Grilled Canadian bacon, spinach, two poached eggs on toasted English muffin with hollandaise sauce. small order \$7.50

### The Goodwill (French toast)

Thick cut \$6.99

MonteCristo \$8.99

Whole Wheat bread dipped in our own FrenchToast batter, then grilled with ham and swiss.

With pure maple syrup.

Add two bacon or two sausage \$1.99

### The Sunrise (Pancakes)

Served with butter & pure maple syrup. Served traditional full stack, 3 high.

Buttermilk \$6.50

With blueberries \$7.50

With cranberries \$7.50

add 2 bacon or 2 sausage \$1.99

Short Stack 2 high

Buttermilk \$4.99

With blueberries \$5.99

With cranberries \$5.99

add 2 bacon or 2 sausage \$1.99

### Beverages

Douwe Egberts Coffee

Dark or Medium Roasted (decaf is also available) \$2.10  
 Espresso \$2.50  
 Latte \$3.50  
 Cappuccino \$3.50  
 Pot of Tea (regular breakfast tea) \$3.00  
 Specialty Teas \$3.50  
 Glass of Milk Small \$1.69 Large \$2.69  
 Fresh Juice \$1.79 \$2.79  
 (Choose from a daily selection, Orange Juice, Apple Juice, Grapefruit juice, Tomato Juice, V8.)  
 Sodas \$1.79  
 Iced Tea (whole leaf blends not included) \$2.10  
 Saratoga Spring Water \$3.59 (12 oz) \$4.89 (28 oz)

Mist potatoes are baked potatoes cut to size, covered with canola oil mist & sautéed with “Opti” spices.  
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## On The Bright Side

Half Grapefruit  
 Fresh melon (in season)  
 Fresh Fruit Cup  
 Fresh Fruit Plate  
 Cold Cereal  
 with Fresh Fruit  
 Yogurt and Fresh Fruit Cup  
 Yogurt Fruit and Granola  
 Hot Irish Oatmeal  
 with Raisins and Brown Sugar  
 Mist Potatoes  
 Side of (bacon, ham, or sausage)  
 Side of baked beans

## Breads

Side of Toast  
 Bagel  
 with Cream Cheese  
 English Muffin  
 Breakfast Muffin  
 Scones

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## Optimist Land

Children’s Menu - Breakfast

(Under 12)

1 egg, mist potatoes, toast	\$3.99
With bacon or sausage or baked beans	\$4.99
2 eggs scrambled on toast	\$3.99
With bacon or sausage or baked beans	\$4.99
The O.C. Pancake	\$3.99
Banana, blueberry or chocolate chip	
The O.C. Pancake with bacon or sausage	\$4.99
Cereal Box	\$2.99
Fresh Fruit Cup	\$3.99

## Lunch

### Serving Recipes of Fulfillment

The Excellent — “Elevences” \$3.00

Pot of English Breakfast Tea.  
Pop in for your morning cuppa. An English tradition.

The Tradition \$3.99

English Crumpets toasted with butter and preserves.

The Devon Heaven \$5.50

Four freshly baked scones with strawberry jam and Devon cream.

The Trusty Crusty Cup \$4.50

Bowl \$5.50

Homemade soups of seasonal flavors served with warm crusty bread

# “Ploughman’s Lunch”

“The Ploughman’s lunch is a typical Inn fare served throughout the British Isles ”

## The Merry

Served with salad, warm crusty bread & butter. Choose your favorite cheese.

Cheddar	\$7.99
Ripened Brie	\$9.50
English Stilton	\$9.99

## The Welcome

\$9.50

Crusty warm bread, honey cured ham, grilled pineapple, salad & English mustard.

## The Enjoyment

\$9.59

Crusty warm bread, roast beef, salad garnish, horseradish & mustard aioli.

## The Perfection

\$10.50

Scottish smoked salmon, cream cheese wheels on fresh greens, red onions, capers with toasted baguettes.

\*18% gratuity added to parties of 6 or more\*  
Menu Subject to Change

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## Sandwiches

The Ultimate Club Sandwich \$8.50  
Your choice of sliced chicken, turkey, ham or roast beef with bacon, lettuce, tomato and mayonnaise. Served on our thick toasted whole wheat bread with fruit garnish.

The Optimist Sandwich of the day \$8.50  
Something delicious every day.

The Offering \$8.50  
Choose from freshly made chicken salad, egg salad, curried chicken salad or tuna salad or enjoy a half of sandwich with a cup of soup for a lighter lunch. Served on our thick toasted whole wheat bread.

### The French

Burger \$9.99  
Cooked to order, our Black Angus sirloin burger comes adorned with sautéed onions and melted Brie. Accompanied with pickle and chips.

Not Your Ordinary Sandwich \$8.50  
A traditional Rueben or Tuna melt are available every day. They may be traditional but are never ordinary.

## Curry

The Major Chicken Curry \$10.50  
Presented in a medium hot curry sauce or a mild Thai Coconut milk curry with golden raisins and jasmine rice, accompanied with fresh pineapple and Major Grey chutney.

The Essence Shrimp Curry \$10.50  
A Bermuda onion and fennel curry sauce, saffron cous cous and cucumber yogurt.

## Salads

The Rainbow \$8.50  
Mixed greens with a colorful array of fresh vegetables.

The Enlightenment \$8.50  
Crisp greens with cucumber, grape tomatoes, walnuts & sliced apple.

The Mystic \$8.99  
 Gorgonzola, roasted red onions, cranberries, toasted pecans with mesclun greens and port vinaigrette.

The Optimistic Chef \$9.99  
 A traditional chef salad , turkey, ham, and cheddar, served with any of our dressings.

The Positive  
 Customize your salads:  
 Chicken or Curried Chicken Salad \$3.50  
 All white Tuna Salad \$3.50  
 Side of Ham \$3.50  
 Grilled Chicken \$3.99  
 Shrimp Salad \$4.59

Choice of Salad Dressings:

“The Citrus” Orange & lemon juice fused with grape seed oil.  
 “The Samra” Balsamic & raspberry drizzle.  
 “The Megin” Ginger & lime aioli.  
 “The Haven” Port Vinaigrette.  
 “The Power” Horseradish & mustard aioli.

Children’s lunch menu

Tomato Soup \$2.99  
 Chicken Noodle Soup \$2.99  
 Peanut Butter & Jelly \$2.99  
 Hot Dog (served with chips & pickle) \$3.99  
 Kids Burger (served with chips & pickle) \$4.99  
 Grilled Cheese Sandwich (served with chips & pickle) \$4.50  
The Optimist Land Children’s Tea \$ 6.99

Two Peanut Butter & Jelly sandwiches  
 Two tea sandwiches  
 Brownie and cookie  
 Tea or cold beverage

## Afternoon High Tea

The White Hall      \$14.99  
Scone with Devon cream & English preserves  
butter  
Assorted tea sandwiches  
Assortment of specialty cakes  
Pot of Tea  
Or  
One of our flavored Teatinis  
Teatinis  
An English Fare

The Balmoral      \$14.99  
Tea bread with honey &  
Assorted tea sandwiches  
Shortbread and cakes  
Pot of Tea  
Or  
One of our flavored  
A Scottish favorite

The Majesty  
Scones with clotted cream & preserves  
Selection of finger sandwiches  
And desserts  
Pot of Tea and flute of Champagne  
\$20.99

### The Optimist” Signature Iced Teatini

Served in a Martini Glass  
Two glass serving

Exceptional choices

Organic Mint Melange Teatini  
With olives and a sprig of mint

Orange Dulce Teatini  
With sliced oranges & lemon

Decaf Ginger Twist Teatini  
With crystallized ginger

**\$3.50**

# The Optimist Café's

## Dessert Offerings

We serve the finest most sinfully delicious cakes here at the café.

Slice of Cake \$5.95

Choose from:

Gourmet Carrot Cake

Key Lime Island Pie

Gourmet Chocolate Cake

Italian Lemon Cream Cake

Boston Cream Cake

Chef's choice Cheesecake

Plate of Four Elegant Tea Desserts \$5.95

Homemade Blueberry or Apple pie \$4.95

A La Mode add \$1.75

Fresh Fruit Cup \$4.95